

San Lorenzo Valley High School

**Planning Guide for College &
Career Readiness**



SLVUSD VISION STATEMENT

Students will be academically proficient with skills in critical thinking, creativity, communication and collaboration. Students will understand the importance of integrity and a strong work ethic while being self-directed and self-motivated. Students will graduate with the knowledge and skills needed for success in college and careers.

SLVUSD MISSION STATEMENT

Working Together to Ensure All Students Learn and are Fully Prepared for College and Career

SAN LORENZO VALLEY HIGH SCHOOL MISSION STATEMENT

The mission of San Lorenzo Valley High School In cooperation with our community, is to prepare ALL students to be self-directed, active participants in society who recognize diversity as a strength and who meet the challenges and opportunities of a changing world.

COUNSELING OFFICE MISSION STATEMENT

The counseling staff's mission is to help students match their skills, interest, and abilities with plans that meet their educational and future goals and to challenge students at as high a level as they can be successful while supporting ESLR achievement. We aim to serve as advocates for the students, allies for the teachers, and liaisons with the parents

EXPECTED SCHOOLWIDE LEARNING RESULTS (ESLRs)

San Lorenzo Valley High School will prepare its graduates to be:

<p>1. Quality Producers who: 1.1 Create intellectual, artistic, practical and physical products 1.2 Reflect originality, high standards 1.3 Demonstrate a strong work ethic 1.4 Prioritize and use time effectively 1.5 Use advanced technology 1.6 Have job and life skills 1.7 Establish and identify academic, personal and future goals</p>	<p>4. Community Contributors/participants who: 4.1 Contribute time, energy or talents to improve the quality of life in school, community, environment, state, nation and world 4.2 Demonstrate positive and productive citizenship</p>
<p>2. Collaborative Workers who: 2.1 Effectively participate as team members 2.2 Work with a variety of people with different beliefs and values 2.3 Use effective leadership while establishing and accomplishing significant goals</p>	<p>5. Complex Thinkers/Problem Solvers who: 5.1 Use creative and critical thinking skills 5.2 Analyze, interpret and evaluate significant concepts within various contexts 5.3 Design and implement multiple strategies to solve various problems</p>
<p>3. Well-Rounded who: 3.1 Demonstrate knowledge of human diversity and respect for the breadth of individual differences 3.2 Exhibit self-discipline and accept individual and group responsibility 3.3 Demonstrate skills in resolving conflicts through positive non-violent alternative actions 3.4 Use knowledge of physical fitness and nutrition to support healthy living 3.5 Adapt to changing conditions</p>	<p>6. Effective Communicators who: 6.1 Convey information orally and in writing to individuals, groups and diverse audiences 6.2 Receive and interpret the messages of others in an effective manner (good listeners) 6.3 Possess social skills</p>

2014-2015 School Calendar <http://www.slv.k12.ca.us/calendar/2014-2015-Final-Combined.pdf>
 Bell Schedule <http://hs.slvusd.org/our-school/bell-schedule/>
 Campus Map <http://hs.slvusd.org/our-school/campus-map/>

Graduation Requirements/College Entrance Requirements

To obtain a high school diploma, students shall complete at least the following courses in grades 9-12 with each course being one year, unless otherwise specified: *(Note: As of the 2013-14 school year, a course can only count towards graduation requirements one time, with the exception of VAPA and electives. For example, Math 1 cannot be taken twice and count as 20 units of math towards the 30 required for graduation)*

	HS	CSU	UC
a. HISTORY/SOCIAL SCIENCE: World History (10) (required) United States History (10) (required) United States Government (5) <i>one semester course</i> (required) Economics (5) <i>one semester course</i> (<i>this course is considered a "G" by UC/CSU</i>) (required)	3.5 years (35 credits) Through Class of 2017 3 years (30 credits) Beginning Class of 2018	2 years	2 years
b. ENGLISH: English 9 (10): "English Foundations" (required) English 10 (10): "World Literature" (required) English 11 (10): (one of following) "American Literature" "AP Language/Composition" English 12 (10): (one of following) "Modern Literature" "AP English Literature" "ERWC" <i>(Note: Reading Support does not fulfill an English credit)</i>	4 years (40 credits)	4 years	4 years
c. MATH: (including at minimum Math 1/Algebra 1 course, must be 3 different math courses) <i>(Note: Beginning with the class of 2016, Math lab/intervention does not fulfill a Math credit)</i>	3 years (30 credits)	3 years 4 years rec'd	3 years 4 - 5 years rec'd
d. SCIENCE: (Including biological and physical sciences)	3 years (30 credits)	2 years 1 "D" or "G" 2 "D" rec'd	2 years both "D" required 3 years "D" rec'd
e. WORLD LANGUAGE:	1 semester (5 credits) Through Class of 2016 1 year (10 credits) Class of 2017 2 years (20 credits) Beginning Class of 2018	2 years of same language	2 years of same language 3 rec'd

f. <u>VISUAL & PERFORMING ARTS</u>	2 semesters (10 credits)	1 yr	1 yr
g. COLLEGE PREP ELECTIVES:		1 yr	1 yr
PHYSICAL EDUCATION: PE 1 (10) (required) PE 2 (10) or PE 2A or Sports PE (10) (required) (Note: eligibility requirements exist for Sports PE- see "Supplemental Methods of Earning Credits for Graduation")	2 years (20 credits) Health embedded beginning Class of 2017	none	none
HEALTH	1 semester (5 credits) Through Class of 2016	none	none
PRACTICAL ARTS (some practical arts courses are considered "F" and some are considered a "G" by UC/CSU)	1 semester (5 credits) Through Class of 2016 1 year (10 credits) Beginning Class of 2017		
HS ELECTIVES:	(50 credits) Through Class of 2016 (45 credits) Class of 2017 (40 credits) Beginning Class of 2018	none	none

Refer to <http://www.ucop.edu/doorways> for the most current list of San Lorenzo Valley High School's approved courses.

College and Career Readiness Timeline and Activities

Orientation: Who am I? 9th Grade	Counseling (Group/Individual) True Colors SCANS Naviance: "About Me" & "Learning Styles" Strategies for Academic Success Create Personal Learning Plan (PLP)
Exploration: Where am I going? 10th Grade	Counseling (Group/Individual) Naviance: "Career Interest Profiler" & "Career Research" College Research Multiple Intelligences Review Personal Learning Plan (PLP)
Decision-Making: How will I get there? 11th Grade	Counseling (Group/Individual) Naviance - "Do What You Are" & "Super Match" Career Panels Review Personal Learning Plan (PLP).
Transitions: How will I implement my plans?	Counseling (Group/Individual) Naviance - "Colleges I'm Applying To", "Senior Brag Sheet", & "Senior Survey" Emotional Intelligence College Application Workshops

12th Grade	Scholarship Searches Review Personal Learning Plan (PLP) & Senior Contracts
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Grades:

Minimum grades of "C-" or higher are required in college prep courses to fulfill these requirements. Higher grades *strongly* recommended. However, a minimum grade of a "D-" will satisfy San Lorenzo Valley High School requirements.

Credit Requirements by School Year

To remain on track for graduation, students must complete a certain number of credits by the end of each school year. Students should earn the following number of credits by the end of each year:

- 9th grade: 60 credits
- 10th grade: 120 credits
- 11th grade: 180 credits
- 12th grade: 230 total credits

Enrollment in Classes/Full Time Student Status

9th/10th/11th students: 6-period minimum (not including zero period)

12th grade students: If in good academic standing, 5-period minimum (not including zero period)

Zero period/Sports PE is an opportunity to add a class to a student schedule – Zero period/Sports PE is not to replace periods 1-6

If a student is behind in credits and/or other graduation requirements, the student is expected to

- attend summer school through the Santa Cruz COE
- take additional classes senior year
- participate in high school Credit Recovery program

Additional Graduation Requirements

The State of California and the SLVUSD Board of Education have set the following minimum requirements for graduation with a diploma as:

1. Pass both sections of the California High School Exit Exam (CAHSEE).
(EC 60850, 60852.3, 60851) See "Testing Programs."
2. Pass Math 1/Algebra 1 or its equivalent
3. Pass the 9th Grade California Physical Fitness Test (PFT) (currently, passing is defined as meeting 5 of the 6 sections). (EC 51241 [b] [1], 60800)
4. Pass the Senior Exit Portfolio (see "Portfolio Requirement")
5. Earn a total of 230 credits in the required subject areas.

Senior Exit Portfolios

The SLV Senior Exit Portfolio is a student-selected, heart-felt collection of work which represents the student's reflections and achievements in academic studies, personal growth, and extracurricular activities. This portfolio provides an authentic assessment tool for the students to evaluate their learning, for the staff to review programs/projects from the student perspective, and for the school community to witness the demonstration of the *Expected Schoolwide Learning Results* (ESLRs)/Schoolwide Learning Outcomes (SLOs).

Supplemental Methods of Earning Credits for Graduation

In addition to credits earned through attendance at San Lorenzo Valley High School full make-up credit will be accepted for work successfully completed through the following:

1. Courses offered by other public high schools, pre-approved by the high school principal or his/her designee.
2. Courses offered by other private high schools, pre-approved by the high school principal or his/her designee.

3. Concurrent enrollment in a community college, pre-approved by the high school principal or his/her designee.
4. Accredited University of California high school online correspondence courses, pre-approved by the high school principal or his/her designee.
5. Courses offered by an accredited Adult School, pre-approved by the high school principal or his/her designee.
6. Accredited colleges and universities with policies that allow transfer of credits back to the high school to be applied to graduation (i.e. BYU), pre-approved by the high school principal or his/her designee.
7. Alternative Schools/Programs Credit, pre-approved by the high school principal or his/her designee. The principal or his/her designee shall determine the credit value of work completed through independent study.
8. Course credit for certain out-of-school instruction or activities, pre-approved by the high school principal or his/her designee. *(In accordance with EC 51225 and 5CCR1663.)*

Sports PE

1 Sport Athlete=5 credits

Fall Sport + 1 full season of conditioning
 Winter Sport + 1 full season of conditioning
 Spring Sport + 1 full season of conditioning

2 Sport Athlete=10 credits

Condition in off season
 Athletes may earn up to 10 credits of PE.
 School sponsored sports only (surf team and bike team included)

3 Sport Athlete=10 credits

In season all year round

Sports Seasons

Fall=August through November
 Winter=November through February
 Spring=February through May

Sports PE may be taken in lieu of PE C2 or PE C2A (during 10th, 11th and 12th grades only), only if a student maintains a B (both semesters) or higher in PE C1, passes the California Physical Fitness Test (PFT; in 5 of the 6 sections), and participates in one or more school sport. **A maximum of 20 Sports PE credits can be earned in grades 10-12.** Sports PE, like zero period, is an opportunity to add a class to a student schedule. *(Note: Sports PE is the only approved way in which to earn credits for participation in school sports beginning with the 2014-2015 school year.)*

AP Contracts

Students who plan on taking an AP class must submit a completed contract (with all approvals). This is a yearlong commitment including AP Gov/Economics.

Sample Personal Learning Plans

The sample four-year plans below are models to be used as *guidelines only* to help create your own unique personal learning plan. Review your options in this planning guide, consult with your parents and teachers, and work with your counselor to develop a meaningful and challenging four-year plan that will best prepare you for achieving your post-secondary goals.

MOST CHALLENGING COLLEGE PREP/PROFESSIONAL PATH

<u>Grade 9</u> English Foundations (H) Math 2 Biology World Language f or g Elective PE *consider zero period option	<u>Grade 10</u> World Literature (H) Math 3 Chemistry World History World Language PE/Sports PE *consider zero period option **take fall PSAT; spring CAHSEE	<u>Grade 11</u> Lang & Comp (AP) Math (AP) Science (AP) US History (AP) World Language f or g Elective *consider zero period option **take fall PSAT; spring SAT/ACT & EAP	<u>Grade 12</u> Eng Literature (AP) Math (AP) Science (AP) Government (AP)/Econ World Language f or g Elective *consider zero period option **take fall SAT/ACT & SAT Subject tests*
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COLLEGE PREP/PROFESSIONAL PATH

<u>Grade 9</u> Eng Foundations Math 1 or 2 Earth Science/Biology World Language f or g Elective PE	<u>Grade 10</u> World Literature Math 2 or 3 Biology/Chemistry World History World Language PE *take fall PSAT; spring CAHSEE	<u>Grade 11</u> American Literature Math 3/Analysis Science/(AP) US History/(AP) World Language f or g Elective *take fall PSAT; spring SAT/ACT, & EAP	<u>Grade 12</u> ERWC or Mod Lit Math Analysis/(AP) Science/(AP) Gov/(AP)/Econ f or g Elective f or g Elective *take fall SAT/ACT;
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COMMUNITY COLLEGE/CTE PATH

<u>Grade 9</u> English Foundations Math 1 Earth Science Elective Elective PE	<u>Grade 10</u> World Literature Math 2 Science World History World Language PE *spring CAHSEE	<u>Grade 11</u> American Literature Math 3 Science US History World Language Elective *take spring SAT/ACT & EAP for exemptions to CC assessments	<u>Grade 12</u> ERWC or Mod Lit Gov/Econ Science/Math/Elective Elective Elective
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Note: Students may fulfill more requirements by taking 7 classes.

COURSE PLANNING, POLICIES AND PROCEDURE

Ways to Earn College Credit/Concurrent enrollment

Students may meet graduation requirements with up to 30 credits taken at outside, accredited educational institutions. For courses taken outside of SLVHS to be placed on the official transcript, they must be pre-approved by the student's counselor and must be documented with a release form.

According to the Memorandum of Understanding with Cabrillo College, students may not take a class at Cabrillo that is offered at SLVHS. The intent of students being allowed to take Cabrillo classes is to extend, not replace, the high school experience.

Release forms should be obtained no matter where or when the student takes the course (i.e. during the school year or during summer). For more information go to:
www.cabrillo.edu/services/outreach/hsstudents.html

Online Course Policy

Students may take online courses at another accredited institution if approved by their counselor. Options may include BYU online and UC Scout.

Schedule Change Requirements:

Students are given curriculum and registration information each spring. This information along with counselor support will aid the students in their course selection. Students are allowed to make requests for changes in their choices until June 30th.

Students in year-long courses must remain in those courses for the entire year. Students should see their guidance counselors to complete a schedule change form only if they meet the requirements for an approved schedule change.

Below are the approved reasons for a schedule change:

1. Student has been scheduled into a course previously passed.
2. Student has failed to meet a prerequisite requirements (i.e., French 3 before French 2).
3. An ability-level change (up or down); must have teacher, parent, counselor and administrative approval.
4. Administrative Change (SpEd, ELL, administrator).
5. Senior needing a course for college or graduation.

Below are some examples of situations that will NOT result in a schedule change

1. A desire for another teacher (Teacher counts are monitored very closely).
2. Low grade in class.
3. Requested the course but do not need the credit.
4. Requested the course but no longer interested in the subject.
5. Would like to sign up for credit in summer school or Cabrillo or online instead.
6. Need to drop a class to improve GPA and take a different one to raise GPA.
7. Student is having conflicts with other students in the class (student needs to discuss with administrator for conflict resolution - final decision will be made at the discretion of administration).
8. You have or will be getting a job.

Calculating GPA/School Ranking

The high school transcript lists two different GPAs, the Total GPA and the Academic GPA. The Total GPA includes all final grades beginning in the ninth grade and is used for eligibility in athletics and co-curricular activities. The Academic GPA 10-12 includes final semester grades after the ninth grade and excludes

PE. To calculate a GPA, convert the letter grade for each course to the appropriate number (A=4, B=3, C=2, D=1, F=0), add the numbers, and divide the total sum by the number of courses. Colleges and universities use the academic GPA 10-12 with a bump up for AP and Honors classes as follows: (A=5, B=4, C=3, D=1-no bump up).

Credits from outside institutions that have been pre-approved by the student's counselor (and documented by a signed release form) will be included in their appropriate GPA.

The Determination of Valedictorians and Salutatorians: Our current system is designed to reward top achieving students in two categories: 1) students with the overall top GPA, and 2) students who take the most courses and achieve the highest grades at the most challenging levels (i.e. honors & AP) according to the following system: In Non-college prep A = 4, College prep A (2x4)=8, Honors or AP A (3x4)=12 for each semester grade. The students with the top points combined with their GPA ranking is how valedictorians and salutatorians are decided.

California Scholarship Federation/National Honor Society

CSF is the most prestigious academic honors club recognized statewide. Students are eligible to join at the beginning of the second semester freshman year as honorary members. A \$10 donation is requested for each semester. Scholarships are available if needed. Students who have been members for four semesters, including a semester of senior grades, are considered "Life Members" and will receive honors at the Senior Awards ceremony and at graduation. Students earn certificates, gold cords, and gold tassels. Those who have been members for seven semesters are considered "100% Members" and receive an additional certificate. www.slvhs.slv.k12.ca.us/clubs.html#CSF

NHS recognizes academic achievement while encouraging characteristics considered essential to citizens in a democratic society. Membership is open to sophomores, juniors, and seniors who reflect outstanding accomplishments in the areas of scholarship, character, leadership, and service. NHS differs from CSF in three ways: 1) it is a national organization; 2) it's academic requirements are less stringent than those of CSF; however, 3) it emphasizes and expects involvement, participation, and leadership in school and community activities.

Honor Roll

Each year we honor students who have achieved good grades at our awards ceremonies. Students with a 3.5-3.9 are awarded Honor Roll status and students with a 4.0 or above are awarded High Honor Roll. The designation for the Awards Ceremony is made based on the first semester report cards. However each semester students may achieve honor roll or high honor roll status based on their semester grades.

Athletic and Co-Curricular Eligibility: All students who wish to participate in co-curricular activities need to be eligible in order to participate in games and/or performances. Students' eligibility will be determined at the end of each grading period and effective the following week on the date specified by administration. Students must have a 2.0 GPA with all grades averaged and no F's in order to meet minimum eligibility requirements.

NCAA Eligibility Requirements

The NCAA has established a central clearinghouse to certify athletes' eligibility for Divisions I and II colleges. If a student intends to participate in athletics at a Division I or II school as a freshman in college, student must be registered with and be certified as eligible by NCAA Eligibility Center. Students should register with NCAA after their junior year grades appear on their transcript. Although you can register anytime before participation, if you register late you may face delays that will prevent you from practicing and competing. Registration should be completed by following the directions on the website: www.eligibilitycenter.org.

NAIA Eligibility Requirements

Students who wish to participate in collegiate athletics at a NAIA institution will need to be certified by the NAIA Eligibility Center to qualify academically and be cleared as an eligible student-athlete for

competition. Registration should be completed by following the directions on the website: www.playnaia.org. Students can register during their junior or senior year in high school.

**Testing Programs:
State of California for High School Students**

CAASPP: Starting in the school year 2013-14 California began piloting CAASPP, a state-led consortium has created assessments aligned to the Common Core State Standards in English language arts/literacy and mathematics that are designed to help prepare all students to graduate high school college- and career-ready.

California High School Exit Exam: Every student must pass the California High School Exit Exam (CAHSEE) to receive a high school diploma. The exam tests reading comprehension, composition and mathematics skills. This test is administered once in the 10th grade year (February). Juniors and Seniors who have not passed the exam are allowed additional opportunities to pass any section that was not passed in the previous administrations. Additional information: www.cde.ca.gov/ta/tg/hs/resources.asp

COLLEGE BOUND TESTING PROGRAM

**Four Year Universities
San Lorenzo Valley HS Code # - 050927**

PSAT – The PSAT/National Merit Scholarship Qualifying Test measures verbal and math reasoning abilities important for academic performance in college. It assesses ability to reason with facts and concepts rather than the ability to recall and recite them. The PSAT is given only once each year in October and is most often taken by juniors although 10th graders are also encouraged to take the exam.

The PSAT is not a required exam and is not used as part of the college admission process. However, it is very beneficial as a preview of the SAT Reasoning Test and as predictor of possible SAT scores. Also, students receive an analysis of their strengths as well as areas for improvement, thus allowing them to prepare for future test administrations. Additionally, juniors who score in the top 5% may qualify as a National Merit semi-finalist/finalist. Registration for the PSAT is handled in the Soquel HS Finance Office where the test fee is paid and the study guide is distributed. More information may be found at www.collegeboard.com.

SAT Reasoning Test – The SAT Reasoning Test is an entrance exam required by most 4-year colleges. The test measures reading, writing, and math abilities and is administered at testing sites for a fee. It is recommended that students take the SAT Reasoning in spring of their junior year and again in October or November of the senior year. Colleges will use the highest score for admissions. Go to www.collegeboard.com for more information and to register for the exam.

SAT Subject Tests – As of fall 2012, the SAT Subject Tests (in two different areas) are no longer required by UC; however, some privates and UC campuses recommend that students vying for slots in competitive majors take the tests to demonstrate subject proficiency. Each 1-hr exam measures your knowledge of a particular subject and your ability to apply that knowledge. Be sure to check specific college websites for entrance requirements.

The registration process, test sites, etc. for the Subject Tests are the same as the SAT Reasoning Test. You may not take the SAT Reasoning Test and SAT Subject Tests on the same day; however, you may take one, two or three SAT Subject Tests on the same day. Each test is one hour during a possible 3-hr testing session. The best time to take a Subject Test is either after completion of the particular course (e.g., Advanced Placement courses). Most students take two or three subject tests at a time, usually in spring of their junior year and again in October or November of the senior year for most college admissions.

ACT – The American College Test may be used for college admissions instead of the SAT Reasoning Test. Be sure to check the particular college website. The ACT reports scores in English, math, reading, and science reasoning. The ACT is administered on 5 Saturday mornings throughout the year for a fee. Please go to www.actstudent.org for more information and to register for the exam.

Advanced Placement Exams (AP) – SLVHS offers several Advanced Placement classes: Advanced Placement examinations are administered during May (specific dates and times) on campus. Students will register and pay the exam fee at SLVHS. It is expected that all students enrolled in an AP course will take the corresponding AP Exam. UCs and CSUs grant credit for a score of 3 or higher; many private colleges provide some type of credit as well (over 10,000 institutions provide credit based on AP scores.)

Additional College Information

EAP - Early Assessment Program - Junior testing given with CAASPP standardized testing that assesses students' college readiness in English and math. Students will receive results which can exempt them from placement tests at CSUs and some community colleges including Cabrillo.

CSU – English Placement Test (EPT) and Entry Level Mathematics Test (ELM) – After being admitted but prior to enrollment at any CSU campus, students are required to take the EPT and ELM unless otherwise exempt by means of previous test scores such as the EAP, SAT or ACT. The EPT and ELM are used for placement. Test registration information and details about the actual tests are sent to newly admitted students by CSU with possible test dates. These tests may be taken only once. Students can select the closest campus to their home rather than the campus they plan to attend.

UC – Analytical Writing Placement Examination – Students admitted to the UC system are required to take a writing competency exam unless otherwise exempt due to test scores on the SAT Reasoning Test Writing or AP English Exam. In early spring UC will mail each student a detailed information booklet regarding the Subject A exam (locations, date, test format, sample topics.) This test can be taken only once and is usually scheduled in early May.

FAFSA-Free Application for Federal Student Aid is federal aid which is good for all post-secondary schools (including vocational, community and four year schools). Please visit www.FederalStudentAid.ed.gov and www.studentaid.ed.gov/completefafsa for more information.

Cabrillo/other Community Colleges Students planning to attend Cabrillo College need to take Cabrillo's assessment tests unless otherwise exempt due to AP scores or EAP test results.

The assessment tests evaluate basic skills in math, English, and reading to assist students in choosing appropriate level classes. The tests include an objective reading test, a written essay and a choice of three levels of math. Sample tests are available online at cabrillo.edu. Early Assessment for San Lorenzo Valley High Seniors will be held in the spring of their senior year. The Counseling Office will announce the date, time and location. www.cabrillo.edu/services/outreach/hsstudents.html
SLVHS Seniors also have the opportunity for Early Registration Assessment program called Running Start. Watch for notices and announcements from the Counseling Office.