

San Lorenzo Valley High School Athletic Code

The purpose of this Athletic Code is to set a high standard of conduct, eligibility and behavior.

Students who participate in athletics do so with the understanding that the established rules and consequences will be observed. During the season students will be expected to faithfully follow these regulations. The season starts with the first allowable practice by C.I.F. and ends with the last contest including playoffs.

Athletes will meet eligibility requirements: pass all classes (at least 20 credits) with an overall 2.0 GPA or better and receive no "F's" or "WF's". Eligibility will be declared at the beginning of each year and following each grading period. Ineligible students may practice with the team but may not wear the game uniform, play in a game or get an early out to travel with the team.

Athletes will not be allowed to practice or play in games unless they attend school that day.

Athletes who quit a team or are dropped to disciplinary reasons cannot participate in another sport until the team has completed its season or until released by the coach.

Athletes will not use or possess tobacco (smoking, vaping, chewing or snuff), alcohol or illegal drugs on or off campus. This rule applies to the school year. For example: first offense on a fall team results in a week suspension, second offense on a winter team results in being removed from that team, a third offense on any team and the student is removed from all sports teams for the remainder of the school year. Students who are removed may continue to practice, with the consent of the coach, but are not allowed to participate in any contests.

- First offense - suspended from the current team contests for one week (the student may practice).
- Second offense - removed from the current team.
- Third offense - removed from all teams for the remainder of the school year.

* Football has a zero tolerance policy in place. Any player found to have violated the zero tolerance policy will be immediately removed from the team for the duration of the season.

Athletes will establish regular and prompt attendance at all practices and games, except in case of illness or when the students are excused by the coach.

- First offense - conference with the coach
- Second offense - suspended from the next contest
- Third offense - removed from the team

Athletes must represent the school, family and community through good citizenship and conduct at all times. This includes:

Displaying good sportsmanship and cordial conduct to visiting team members at all times.

Respecting the property of others.

Respecting the integrity and judgment of athletic officials

Avoiding profanity, vulgarity, sexual harassment, rowdyism, racism and obscene actions of any nature.

Students who are arrested and charged with a crime will be suspended from participating in all team activities until the legal process is completed.

- First offense - conference with the coach and/or possible suspension.
- Second offense - suspended from the team contests for one week
- Third offense - removed from the team

A head coach has the right to enforce subsequent consequences based on the severity of the incident.

Each coach has the right to institute appropriate additional team rules/consequences

Athletes must finish the league season as a team member in good standing to be eligible for an award.

This agreement must be signed and dated for students to be eligible.

I have read the San Lorenzo Valley High School Athletic Code and understand the responsibilities to myself, my teammates, the coaches and to San Lorenzo Valley High School and the community. I agree to abide by the provisions of the code.

Student Athlete Signature: _____ Sport: _____ School Year: _____